

STUDENT HEALTH CARE POLICY AND SERVICES

UNIVERSITY IN-HOUSE CLINIC

The university runs an in-house clinic, which is a resource for information and services to keep your mind and body healthy while you are at AUST. We hope you view in-house clinic not just as a place to go to when you are ill, but also as a resource for advice on healthy habits and general wellness. Once you arrive on campus, medical advice is available 24 hours a day, 7 days a week.

MEDICAL COMPLIANCE REQUIREMENTS FOR NEW STUDENTS

Good physical and mental health are key ingredients for your success as a student. In a small community living near of each other, diseases can spread from one person to the next very quickly; therefore, before final registration at AUST, all students are required to provide acceptable documented proof that they are in good physical and mental health prior to registering into the program for each academic session and thereafter. Proof will be in the form of specific documentation referred to below.

You will be required to provide an official record of a medical examination conducted by a qualified medical practitioner from a government-owned hospital (see below the list of mandatory medical tests). That report becomes part of your student record. Mechanisms are in place to monitor medical records to ensure that required compliances, such as vaccinations, remain valid throughout the time you are enrolled in the program. To support certain aspects of the medical examination, only *bona fide* machine-printed laboratory test results will be accepted, no handwritten results.

The following medical tests have been deemed to be mandatory:

- Full Blood Count (FBC)
- Erythrocytes Sedimentation Rate (ESR)
- ABO Blood Group
- Genotype
- Fasting Blood Sugar (FBS)
- Serum Urea
- Serum Creatinine
- Urinalysis
- Serum Protein and Albumin
- Mantoux Test/TB Gold/TB Quantiferon
- HbsAg
- Anti-HCV
- Negative test result for HIV. Please note, a positive HIV result will not result in denial of admission but is needed to ensure appropriate medical care, which will be at no cost to the student;
- Documentation of any medications/drugs being taken/dosage/delivery method, etc., if applicable;
- Evidence of negative screening results for certain narcotics;

MANDATORY IMMUNIZATIONS

Before a student can be formally enrolled, the student's medical record must include proof of immunization for each of the following:

- Hepatitis B & C Vaccine;
- Tuberculosis - ie negative tuberculin screen (result valid for one year);

- Meningitis Vaccine;
- Yellow Fever Vaccine;
- Typhoid Vaccine;
- Bacille-Calmette Guerrin (BCG) Vaccine;
- Tetanus Toxoid Vaccine;
- Diphtheria Vaccine;

In those cases where students have medical reports which do not cover all the requirements stipulated by the university, the required additional medical examination, tests and immunizations will be conducted at the In-House Clinic, at the student's expense.

You are encouraged to make sure that all required vaccinations have been administered **PRIOR TO YOUR ARRIVAL ON CAMPUS**. Failure to provide such documentation prior to, or on arrival, will result in your registration being placed on hold. This means that you will not be able to register for classes until we receive a complete and compliant medical report, covering the requirements stated above.

REPORTING CHANGES IN HEALTH STATUS

The idea of a sound mind in a sound body is well known. The university therefore takes your health seriously. You also have a part to play to ensure good health and informing the university of any health challenges you may be facing. It is your responsibility to inform the university of any significant changes that may occur in your health, including any injuries. Although, ideally, all such issues should be directed to the university's medical officer, you may also inform you Department Head or Student Affairs.

Some health issues have the potential to affect other members of the community (transmissible diseases or those relating to mental health). In such cases, the university reserves the right to ask the affected student to be confined in a place on or off-campus for a specified or unspecified period. Before returning to the shared campus environment, any student who has had to be confined or excluded from the campus environment must be cleared by the university medical officer or provide written proof from his/her physician attesting to his/her condition being sufficiently safe as to be not detrimental to the safety or health of himself/herself, or others on campus.

In cases where absences caused by a change in health status clearly interfere with a student's progress, the student will be asked to withdraw from the program and may apply to re-enter the program after resolution of the health problem and submission of an updated health record.

CONFIDENTIALITY

Medical records are strictly confidential and are **not** part of the academic records. Any information on these records or concerning a visit to the In-House Clinic will not be released to any third party without written consent of the individual affected. However, immunization records are an exception when they must be made available to an authorized government medical officer in those cases where a given condition may be considered a public health threat.